



2010 US White Tiger Martial Arts

Summer Weapons Training

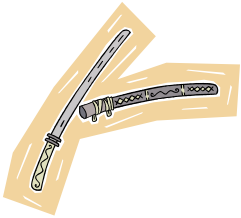
Please join US White Tiger Martial Arts for the 2010 US White Tiger Martial Arts Weapons Training. Our focused training emphasizes development of self-confidence, leadership, self-discipline, independence, and health in a fun and caring environment. Early registration is encouraged as space is limited to 15-20 kids each week.

TRAINING FEES

\$99.00 per person per week (members only)

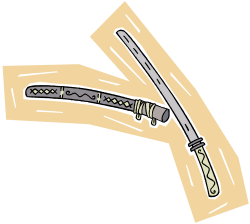
Additional Family Members \$89

Fees include: Sword (\$34) Bo Staff (\$39) Num Chucks \$29 –or (2) set \$24 each = \$48



TRAINING REQUIREMENTS

- Ages 6 to 12
- Doboks are required every day
- Camp hours are 9:00 AM to Noon- Tuesday, Wednesday & Thursday



TRAINING SCHEDULE

Sword Training: June 8-10, July 20-22, Aug 3-5 – Learn weapon: Sword form & sword breaking,
Bo Staff Training: June 15-17, July 13-15, Aug 10-12 – Learn weapon: Bo Staff form & defense training.
Nunchuck Training: June 22-24, July 27-29, –Learn weapon: Nunchucks form, sparring, breaking.

SPECIAL TRAINING BY THE KOREAN NATIONAL DEMO TEAM

Special Form, Sparring, Breaking Training from the Team: Aug 17-19 – 1 week only!

School will be closed July 1 – July 6 (Thurs-Tues)

in celebration our Nation's Independence

